

# RECOVERY RADAR

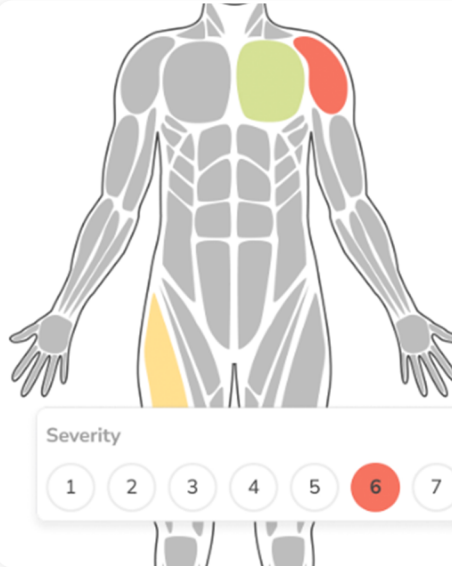


## Pain and Soreness Map

The Pain and Soreness Map allows athletes to report on any pain or soreness they may be experiencing.

Select an athlete to get started.

Select an Athlete



### TeamBuilder

Areas Selected (3)

Left Shoulder 6

Right Quadricep 4

Left Pectoral 3

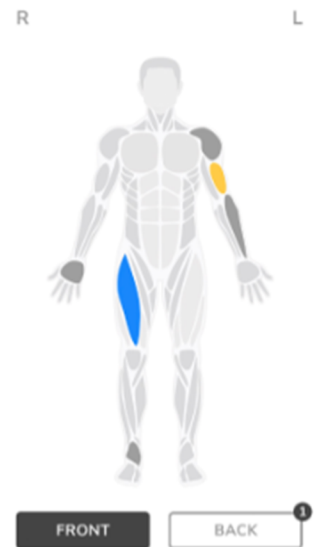
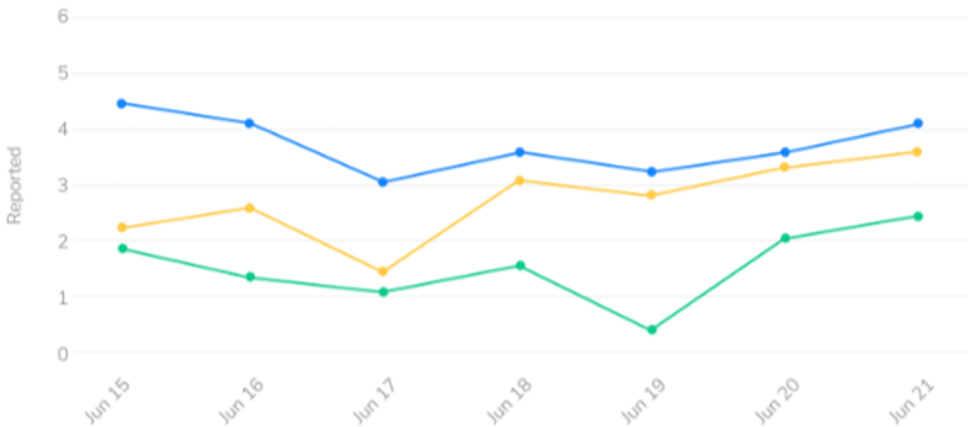
Football

Filter <sup>5</sup>

Jun. 21, 2024

7D | 28D

Right Quadricep Left Bicep Left Calf



FRONT

BACK <sup>1</sup>

Reported

**13** ↑ 18.7%

Avg. Severity

**3.73** ↑ 8.23%

Athletes to Review

**6**